

WHAT IS ABA?

Applied Behavior Analysis (ABA) is the scientific study of behavior and its application to socially important problems in the natural environment.

ABA is not a specific program, but instead is a method of identifying skills to improve, problem behaviors to decrease, and ways to arrange the environment to support the changes.

IBT uses ABA techniques to improve communication, direction following, eye contact, daily living skills, motor skills, academic skills, and many more. We also use ABA to decrease problem behaviors such as noncompliance, tantrums, running away, self-injury, self-stimming, and aggression.

In fact, the beauty of ABA is that you can use the principles to address any behavior in individuals of any age with or without special needs.

IBT focuses on identifying the level of prompt, or support, necessary for an individual to be successful with a skill and then systematically fading out that support until the individual can perform the skill independently.

IBT uses positive reinforcement to increase the likelihood of the child continuing to use that skill in the future.

Linda Heitzman-Powell, Ph.D., B.C.B.A.-D., President. Dr. Heitzman-Powell has worked for the last 21 years with children with behavioral challenges. During the last 10 years, she has worked with children with Autism and other developmental disabilities while serving on the Governor's Legislative Task Force on Autism. She has extensive experience working with children other forms of challenging behaviors such as ADHD, Disruptive Behavior Disorder, Reactive Attachment Disorder and Eating Disorders.

Rachel L. White, Ph.D., B.C.B.A., Director of Clinical Services. Dr. White has worked with children with Autism Spectrum Disorders for over 6 years. She has conducted trainings for teachers and behavioral providers, as well as providing training in applied behavior analysis for parents of children with autism.

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Providing Applied Behavior Analytic (ABA) services to families and children in Northeastern Kansas since 2001

Raising children in today's world can be difficult, especially for parents of children with special needs.

Families of children with an Autism Spectrum Disorder (ASD) or other developmental disability need information, services and support in order to help their child succeed.

Integrated Behavioral Technologies (IBT) can help you navigate the winding road of intervention for your child with special needs.



SERVICES WE PROVIDE

Behavioral Consultant services consist of the development of programs individualized to meet the needs of your child. This also includes team meetings conducted with providers and parents to monitor your child's progress and ensure correct implementation of programs.

In-Home Providers are trained in applied behavior analysis techniques by IBT, Inc. and placed with families according to skills and geographic location. Providers conduct one-on-one sessions with your child to implement the programs developed by the Behavioral Consultant.

Parent/Caregiver Training is available both online and in person. Typically, the training consists of reading online lessons about ABA principles and then attending 2 days of hands-on training where you have the opportunity to practice these skills in the presence of IBT's trainer, who will provide coaching and feedback.

Assessment services include criterion-referenced, skill-based assessments such as the ABLLS and VB-MAPP, as well as Functional Behavioral Assessments (FBA) to determine the causes of problem behavior and identify solutions.

OUR PHILOSOPHY

IBT's goal is to provide needed services to children with special needs and their families.

We partner with many state and federal programs to make services available to families. We currently provide services under the following programs:

Kansas HCBS Autism Waiver
Kansas HCBS MR/DD Waiver
ECHO/Demonstration Project

We also work with families to bill their insurance and offer a sliding fee scale for our services to families who pay directly for our services.

In addition, we are preparing to provide services under the new Kansas State Employee Health Plan coverage for children with autism.

We work to guarantee that we provide the best possible services, so we take pride in our providers.

Providers maintain CPR and First Aid certifications and pass state and federal background checks. Providers receive 25 hours of initial training. We also conduct reliability checks and provide feedback on a regular basis for providers working with our families.

HOW YOU CAN HELP

IBT is a non-profit agency, therefore we are always accepting help in the form of donations and volunteers.

IBT collects gently used toys and educational materials for redistribution to our families with children with special needs. These materials aid us in programming and teaching children to play appropriately.

IBT also accepts monetary donations in order to provide services to families who are typically unable to afford such services. Donations are tax deductible.

IBT holds workshops and events throughout the year that offer volunteer opportunities. Past events have included garage sales, bingo nights, and holiday parties or carnivals.

If you are interested in helping IBT, please contact the office.

We appreciate your interest!