

New Hope HEARTLAND

For more information,
please call our
National Referral System
(800) 776-6482

A Psychiatric Residential Treatment Facility for Girls



OVERVIEW

The primary focus of the **New Hope Heartland** psychiatric residential treatment facility (PRTF) for girls is the development of a more accurate and positive **self-concept**.

We seek to restore healthy **emotional** and **behavioral** functioning, facilitate **personal growth**, and inspire lasting **positive change**.

Dialectical Behavioral Therapy (DBT) skills training and clinical support are integral to our programs and services.

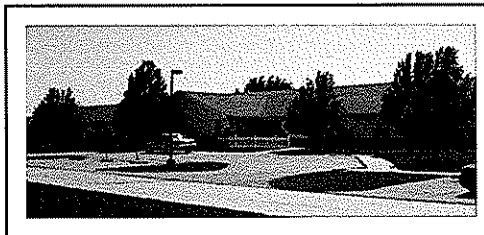
We utilize a multi-disciplinary treatment approach with an emphasis on **experiential** and **trauma-focused** therapies, including an on-site **Equine Assisted Therapy Program**.

Treatment interventions are dynamic, eclectic, and **individualized**. Activities are goal-driven, typically occurring within **small therapeutic groups**.

Therapeutic interventions occur continually throughout the **highly structured** clinical programs. Information is presented in a variety of learning styles to **reinforce integration** of skills taught. Target behaviors are treated with consistency and are modified using the **least restrictive support methods** that are individualized for each adolescent.

Discharge planning begins at admission, and treatment goals are developed with the **targeted step-down** placement in mind. Successful completion of the program is dependent upon mastery of a wide variety of **cognitive, behavioral, and emotional** coping skills.

Specialized programming is available for lower cognitive functioning youth (IQ50 and above).



GENERAL CHARACTERISTICS OF REFERRALS

- Moderate to high-risk female adolescents ages 12 to 21 who have significant emotional or behavioral disorders, including mood/ anxiety disorders, trauma-related diagnoses, or parasuicidal behaviors, and who require;
 - ✓ A psychiatric component to their treatment;
 - ✓ Comprehensive long-term and intensive treatment;
 - ✓ 24-hour supervision in a residential treatment setting; and
 - ✓ A highly-structured daily clinical routine.
- Adolescents who do not present a continuous elopement risk.
- Adolescents who are free from symptoms of active psychosis, current suicidal or homicidal ideation.
- Adolescent's behavior is such that she does not require extensive physical restraint or other significant special procedures for assaultive or destructive behavior.
- May include patients who have been removed from prior placements due to failure to adjust to treatment.

ABOUT US

For over 20 years, New Hope Treatment Centers has been a **nationally recognized** behavioral healthcare provider of quality services to children, adolescents, and their families.

New Hope Heartland offers highly structured psychiatric residential treatment with a **holistic, bio-psychosocial therapeutic** orientation.

With **high staff-to-resident ratios**, our caring and professional staff includes:

- Doctorate and Masters-level clinicians
- Board certified psychiatrists
- 24-hour nursing team (RNs)
- Certified special education teachers

We operate year-round **on-site school** programming.

Our "**Family Matters**" program brings families in from around the country to participate in therapy, education, support groups, and visitation.

New Hope Heartland is **Joint Commission accredited** and is fully licensed as a Psychiatric Residential Treatment Facility (PRTF) by the **Kansas Department of Health and Environment (KDHE)** and the **Kansas Department of Social and Rehabilitation Services (SRS)**.

REFERRALS AND ADMISSIONS

New Hope's National Referral System will work closely with you to assist you in the placement of your referral.

Our referral and admissions process is simple:

No admissions application / No required face-to-face interviews. Just call us at our toll free number, or **fax your referral** information to us at **(843) 851-1075**, including any relevant:

- ✓ Mental Health Screening
- ✓ Psychological Evaluation(s)
- ✓ Psychosocial or Social History
- ✓ Medical, Physical, and Medication History
- ✓ Educational Information
- ✓ Discharge Summaries

You may also choose to **email your referral** information to us at nrs@newhopetreatment.com.

We will **respond to you within 72 hours** of receiving clinical information.

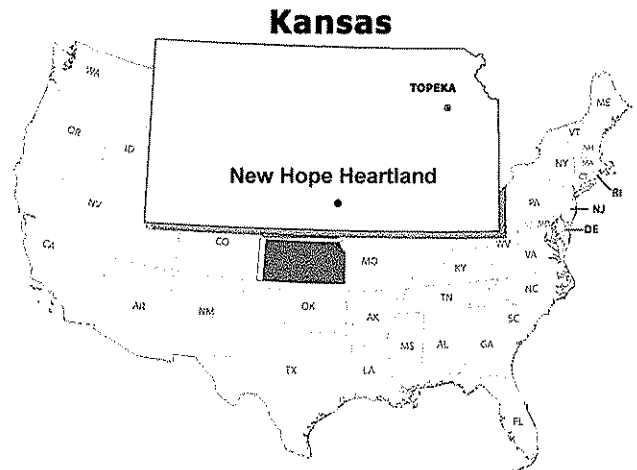
We recognize the importance of assuring that the individual you are referring is placed in a program that will best meet her clinical needs.

LOCATION

New Hope Heartland is located at:

**619 Fairfield Street
Norwich, KS 67118**

We are approximately 30 minutes from the Wichita Mid-Continent Airport (ICT).



For geographically distant families, New Hope Heartland can offer:

- Admission or discharge **transportation assistance**
- **Visitation** financial assistance
- **Home-based video-conferencing** capability.

Additional information is available at:

www.newhopetreatment.com

New Hope ...Our Name, Our Promise.