

*Last Updated:
January 8, 2018*

Things to Know About Your CDDO

*Your Single
Point of Entry
for Douglas
& Jefferson
Counties*



**Community
Developmental
Disability
Organization**

www.cddo.cwood.org

2801 West. 31st Street, Lawrence, KS 66047 ▪ Tel. (785) 840-1632 ▪ Fax (785) 842-6102

What is a CDDO?

A CDDO or Community Developmental Disability Organization is the single point of application, eligibility determination, and referral for individuals and families to obtain services through the developmental disability system in the State of Kansas. CDDOs determine whether a person qualifies for services and work with the person and/or their family or guardian in choosing from an array of service options. In addition to this CDDOs impartially provide information about all types of community services and other resources in the area.

Kansas currently has 27 CDDOs, each of which contract with the Kansas Department for Aging and Disability Services (KDADS) and are assigned a particular county or group of counties in which they are the primary provider of “gate-keeping” services. Cottonwood CDDO's service area includes Douglas and Jefferson Counties.

CDDOs are responsible for the following:

- Implementing policies and procedures
- Reporting information to KDADS
- Ensuring equal access to services
- Annually informing individuals of available services and their rights
- Monitoring of affiliated service providers
- CDDOs organize the following:

The Council of Community Members

The Council of Community Members is made up primarily of individuals with disabilities and their family members, as well as representatives from the CDDO and its Affiliate Providers. The purpose of this council is to make suggestions to the Board of the CDDO, implement the dispute resolution process of the CDDO when necessary, and oversee the development, implementation, and progress reporting of local capacity building plans.

The Quality Oversight Committee

The Quality Oversight Committee is a committee of volunteers made up of persons served, guardians, family members, interested citizens, & provider representatives who monitor the following:

- Services that are paid for are delivered, and services delivered are paid for.
- Services are provided according to state regulation requirements
- Person served has basic health and safety needs met.
- Person served has opportunities to make informed choices about where he/she would like to live and work
- Person served has the right to be treated with respect & is free of abuse/neglect.

The information contained in this booklet will be made available in other languages or formats (including large print) upon request. For a complete Resource Directory including links to websites and brochures visit us online at:

www.cddo.cwood.org/resources

Eligibility Definition

STATE OF KANSAS
DEPARTMENT OF SOCIAL AND REHABILITATION SERVICES
MENTAL HEALTH AND DEVELOPMENTAL DISABILITIES

SUBJECT: Definition of Mental Retardation and Other Developmental Disabilities for the purpose of Program Administration

DATE: July 1, 1992

EFFECTIVE: October 1, 1993

NUMBER: MRDD 92-1

REVISED: November 15, 1995

BACKGROUND: Consistent with L. 1995, Chap. 234 (Substitute for H.B. 2458) persons who are mentally retarded or otherwise developmentally disabled are those whose condition presents an extreme variation in capabilities from the general population which manifests itself in the developmental years resulting in a need for life long interdisciplinary services. The following identifies those who, among all persons with disabilities, are the most disabled as defined below:

Mental Retardation means substantial limitations in present functioning that is manifested during the period from birth to age 18 years and is characterized by significantly sub-average intellectual functioning existing concurrently with deficits in adaptive behavior including related limitations in two or more of the following applicable adaptive skill areas:

1. Communication
2. Self-care
3. Home living
4. Social skills
5. Community use
6. Self-direction
7. Health & safety
8. Functional academics
9. Leisure
10. Work

Other Developmental Disability means a condition such as autism, cerebral palsy, epilepsy, or other similar physical or mental impairment (or a condition which has received a dual diagnosis of Mental Retardation and Mental Illness) and is evidenced by a severe, chronic disability which::

1. is attributable to a mental or physical impairment or a combination of mental and physical impairments, **AND**
2. is manifest before the age of 22, **AND**
3. is likely to continue indefinitely, **AND**

4. results in substantial functional limitations in any three or more of the following areas of life functioning:
 - a. self-care,
 - b. understanding and use of language,
 - c. learning and adapting,
 - d. mobility,
 - e. self-direction in setting goals and undertaking activities to accomplish those goals,
 - f. living independently,
 - g. economic self-sufficiency, **AND**

To further clarify substantial functional limitations refer to the Eligibility Determination Instrument in *Mental Health and Retardation Services, Division of MR/DD Services, Case Management Handbook*.

5. It reflects a need for a combination and sequence of special, interdisciplinary or generic care, treatment or other services which are lifelong, or extended in duration and are individually planned and coordinated, **AND**
6. **Does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill or have disabilities solely as a result of infirmities of aging.**

For Children under the age of six, developmental disability means a severe, chronic disability that meets all of the following criteria:

1. is attributable to a mental or physical impairment or a combination of mental and physical impairments, **AND**
2. is likely to continue indefinitely, **AND**
3. results in at least three developmental delays as measured by qualified professionals using appropriate diagnostic instruments or procedures, **AND**
4. reflects a need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are lifelong or extended in duration and are individually planned and coordinated, **AND**
5. does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill.

I/DD Waiver Services

Residential Supports

For Adults: These are provided for individuals 18 years of age or older, and must occur in a setting, without regard to siblings, where the person does not live with someone who meets the definition of family, and are provided by entities licensed by KDADS-CSP. This service provides assistance, acquisition, retention, and/or improvement in skills related to activities of daily living such as but not limited to: Personal grooming, Cleanliness, Bed making, Household chores, Eating, Food preparation, Social and adaptive skills necessary to enable the individual to reside in a non-institutional setting.

For Children: These are available to minor children, ages 5 - 21 (eligibility ends on the 22nd birthday) who are determined eligible for the Medicaid Program through a waiver of requirements relating to the deeming of parental income. Children's Residential Supports shall be provided in a family foster home licensed by KDHE.

Day Supports

These are provided by KDADS-CSP licensed entities for individuals 18 years of age or older. These services include regularly occurring activities that provide a sense of participation, accomplishment, personal reward, personal contribution, or remuneration and thereby serve to maintain or increase adaptive capabilities, productivity, independence or integration and participation in the community. Day Supports also include the provision of pre-vocational services which are aimed at preparing an individual for paid or unpaid employment, but are not job-task oriented.

These services include teaching such concepts as compliance, attendance, task completion, problem solving and safety. Such activities shall be appropriate for or lead to a lifestyle as specified in the individual's Person Centered Support Plan. These opportunities can include: Socialization, Recreation, Community inclusion, Adult education, & Skill development in the areas of employment, transportation, daily living, self-sufficiency, and resource identification and acquisition.

Supported Employment

Supported Employment is competitive work in an integrated setting with on-going support services for individuals who have DD. Competitive work is defined as compensated work in accordance with the Fair Labor Standards Act. An integrated work setting is a job site that is similar to that of the general work force. Such work is supported by any activity needed to sustain paid employment by persons with disabilities.

Specialized Medical Care

This service provides long-term nursing support for medically fragile and technology dependent individuals. The required level of care must provide medical support for a beneficiary needing ongoing, daily care that would otherwise require the beneficiary to be in a hospital. The intensive medical needs of the beneficiary must be met to ensure the person can live outside of a hospital or ICF/ID. For the purpose of this waiver, a provider of specialized medical care must be a registered nurse (RN), a licensed practical nurse (LPN) under the supervision of an RN, or another entity designated by the Kansas Department for Aging and Disability Services.

Providers of this service must be trained with the medical skills necessary to care for and meet the medical needs of beneficiaries within the scope of the State's Nurse Practice Act. The service may be provided in all customary and usual community locations including where the beneficiary resides and socializes.

Self-Directed Supports

These are an array of supports consisting of Financial Management Services, Personal Care Services, Overnight Respite Care, and Sleep Cycle Support that are available to individuals who reside with a person/persons who meet the definition of family or in a setting that would otherwise be licensed. These services provide necessary support for individuals in order to meet their daily living needs and/or to ensure continuation of stay in their current setting. These services also provide for paid staff to perform essential in-home assistance any hour of the day or night, in the absence or presence of non-paid care givers, as determined to meet the individual's needs. Family is defined as any person immediately related to the individual. Specifically: parents (including adoptive parent), grand-parents, spouses, aunts, uncles, sisters, brothers, first cousins and any step-family relationships.

Personal Care Services allows the person to self-direct residential supports, day supports, or supports in their family home. These services provide necessary one-on-one assistance both in the home and community. This services includes assisting with activities of daily living such as bathing, grooming, toileting, transferring, health maintenance activities, feeding, mobility and exercises, socialization and recreational activities. The PCS supports the individual in accessing medical services and normal daily activities by accompanying the individual to accomplish tasks based on their assessed needs. It is the expectation that individuals who need assistance with instrumental activities of daily living (IADL) tasks receive those supports from informal supports, if available. These informal supports may include relatives or friends that live with the individual and should be relied on for IADL assistance unless there are extenuating or specific circumstances that have been documented in the plan of care. No time will be allowed on the Plan of Care for PCS to complete activities that can be provided by the informal supports. These tasks include but are not limited to the following: lawn care, snow removal, shopping, ordinary housekeeping, laundry, or meal preparation.

Overnight Respite Care services are provided to individuals who live with someone meeting the definition of family, or are provided to children in custody residing in a setting that does not meet the definition of family. Respite Care is designed to provide relief for the individual's family member who serves as an unpaid primary care giver. Respite is necessary for families who provide constant care for individuals so family members are able to receive periods of relief for vacations, holidays & scheduled time off periods.

Enhanced Care Services

ECS provides supervision and/or non-nursing physical assistance during a person's normal sleeping hours in his/her place of residence. ECS are available to a person who demonstrates an assessed need for a minimum of 6 hours of sleep support within a 24 hour period and the assessed need cannot be met by the use of personal emergency response services, informal supports, or another service. The ECS worker shall be available to provide immediate supervision or physical assistance with tasks such as, but not limited to, toileting, transferring, mobility, and medication reminders. The ECS worker shall be prepared and capable of contacting a doctor, hospital, or medical professional in the event of an emergency. ECS can be provided as a self-directed or agency directed service.

Agency-Directed Supports

Personal Care Services (Supportive Home Care) are provided by an Agency (not self-directed by the person receiving services) to assist a person living with someone meeting the definition of family or a child in custody. Family is defined as any person immediately related to the individual. Specifically: Parents (including adoptive parent), grand-parents, spouses, aunts, uncles, sisters, brothers, first cousins and any step-family relationships. These are individualized (one-to-one) services that provide direct assistance with: Daily living / personal adjustment, Attendant care, Assistance with meds that are ordinarily self-administered, Accessing medical care, Supervision / Reporting changes in condition & needs, Extension of therapy services, Ambulation/exercise, Household services essential to health care at home or performed in conjunction with assistance in daily living (such as shopping, preparing meals, bathing, using appliances, dressing, feeding, making bed, laundry, & cleaning the bathroom & kitchen). It is the expectation that individuals who need assistance with instrumental activities of daily living (IADL) tasks receive those supports from informal supports, if available. These informal supports may include relatives or friends that live with the individual and should be relied on for IADL assistance unless there are extenuating or specific circumstances that have been documented in the plan of care. No time will be allowed on the Plan of Care for PCS to complete activities that can be provided by the informal supports. These tasks include but are not limited to the following: lawn care, snow removal, shopping, ordinary housekeeping, laundry, or meal preparation.

Wellness Monitoring

This is a process whereby a registered nurse evaluates the level of wellness of a consumer to determine if the consumer is properly using medical health services as recommended by a physician and if the health of the consumer is sufficient to maintain him/her in his/her place of residence without more frequent skilled nursing intervention. This includes checking and/or monitoring the following: Orientation to surroundings, Skin characteristics, Edema, Personal hygiene, Blood Pressure, Respiration, Pulse, Adjustments to medication.

Assistive Services

These are supports or items that meet an individual's assessed need by improving and/or promoting the person's health, independence, productivity, or integration into the community, and are directly related to the individual's Person Centered Support Plan with measurable outcomes.

Examples include, but are not limited to wheelchair modifications, ramps, lifts, modifications to bathrooms and kitchens (specifically related to accessibility), and assistive technology (i.e. items that improve communication, mobility or assist with activities of daily living or instrumental activities of daily living in the home and work place).

Medical Alert Rental

This service provides support to a consumer who has a medical need that could become critical at any time. The medical alert device is a small instrument carried or worn by the consumer which, by the push of a button, automatically dials the telephone of a predetermined responder who will answer the call for help. The following are examples of medical needs that might require this service: quadriplegia, severe heart conditions, difficult to control diabetes, severe convulsive disorders, severe chronic obstructive pulmonary disease, & head injury.

Non-I/DD Waiver Funding / Service Options:

Vocational Rehabilitation (VR) Services is a separate funding source from the I/DD waiver that helps Kansas citizens with disabilities find employment. The services provided are customized according to each person's unique needs, skills, interests and abilities. You can apply for VR and remain on the I/DD Waiver waiting list. Services may include physical and mental restoration services such as artificial limbs, psychotherapy, and physical therapy, training, aids, and other adaptive devices, job placement services, student services, supported employment and referral to other services.

Website: www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx

Douglas County DCF (Kansas City Region)
1901 Delaware, Lawrence, KS 66046
Tel: (785) 832-3896
Tel: (785) 832-3700

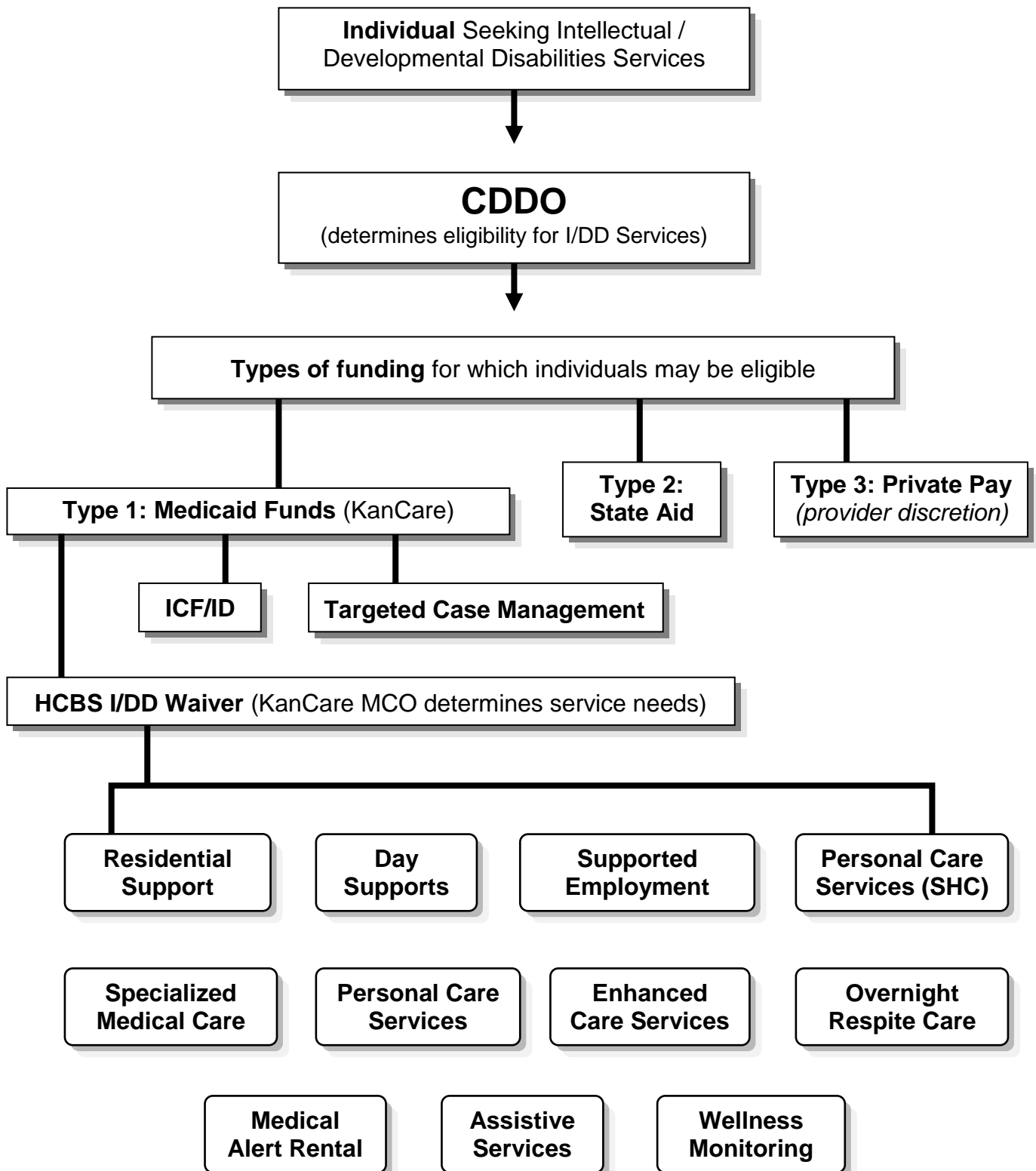
Jefferson County DCF (East Region)
500 SW Van Buren, Topeka, KS 66603
Tel: (785) 296-4424
Tel: (785) 296-2500

Working Healthy WORK Program is another separate funding source that offers people with disabilities who are working or interested in working the opportunity to get or keep Medicaid coverage while on the job. Website: www.kdheks.gov/hcf/workinghealthy

Douglas County: (913) 279-7173

Jefferson County: (785) 296-5136

Funding Sources and Services



Cottonwood CDDO Affiliated Providers

TARGETED CASE MANAGEMENT

A Step Above, LLC (Sara Cuevas) 
19825 Rosewood, Stillwell, KS 66085

scuevas.astepabove@gmail.com
Tel: (913) 522-7523

Achievement Services for Northeast Kansas, Inc. (Dave Hager) 
P.O. Box 186, 215 N. 5th St., Atchison, KS 66002


dave@asnek.org
Tel: (913) 367-2432
Fax: (913) 367-0370

Caring & Compassionate Care (Shawna Link) 
220 SW 33rd Suite 101, Topeka, KS 66611

slink4@ccc.kscoxmail.com
Tel: (785) 215-8127
Fax: (785) 408-8088

Community Living Opportunities (Stephanie Thorne)
2113 Delaware St, Lawrence, KS 66046

stephaniethorne@clokan.org
Tel: (785) 865-5520
Fax: (785) 865-5695

Cottonwood, Inc. (Janet Fouche-Schack) 
2801 W. 31st St, Lawrence, KS 66047

jfoucheschack@cwood.org
Tel: (785) 842-0550
Fax: (785) 842-6102

Joni Beard Case Management (Joni Beard)
827 Elm Street, Lawrence, KS 66044

jonibeardcms@yahoo.com
Tel: (785) 840-5898
Fax: (785) 856-0127

Monaco & Associates (Dave Skinner)
4123 SW Gage Center Dr. Suite 130, Topeka, KS 66604

dave@monacoassociates.com
Tel: (785) 272-5501 x114
Fax: (785) 272-5152

Sheltered Living Inc. (Tim Gorton) 
3401 SW Harrison St., Topeka, KS 66611

tgorton@shelteredliving.org
Tel: (785) 233-2566
Fax: (785) 233-2556

Steadfast Advocacy for Meaningful Independence (Samantha Boldra) 
614 N. 14th St., Sabetha, KS 66534


samantha@samillc.org
Tel: (785) 285-8424


TARC (Eileen Doran) 
2701 SW Randolph, Topeka, KS 66611


edoran@tarcinc.org
Tel: (785) 232-0597
Fax: (785) 232-3770

The Arc of Douglas County (Barb Bishop)
2518 Ridge Ct. Room 238, Lawrence, KS 66046

BBishop@TheArcDCKS.org
Tel: (785) 749-0121
Fax: (785) 749-0103

 Providers who are "Limited Licensure" – Can serve no more than 2 individuals

 Providers not currently accepting referrals (as of the date posted on the front of this CDDO Choice Booklet)

 Providers who serve only male consumers


















DAY SUPPORTS PROVIDERS

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|--|---|
| Bethesda Lutheran Communities (<i>Tasha Foster</i>) 14150 W. 113 th St., Shawnee Mission, KS 66215 | (913) 906-5000 tasha.foster@mailblc.org |
| Bridge Builders LLC (<i>Denise Stahl</i>)  3101 Rimrock., Lawrence, KS 66047 | (785) 550-5882 denise.jensen.stahl@gmail.com |
| Bridge Point Community Supports (<i>Michael Tubbs</i>) 2400 Franklin Rd., Suite A, Lawrence, KS 66046 | (785) 856-2081 bridgepointcs.kan@gmail.com |
| Carpe Diem Community Living (<i>Erick Ogwangi</i>) 3200 Haskell Lane Suite 160, Lawrence, KS 66046 | (316) 587-5232 erickogwangi@gmail.com |
| Community Living Opportunities (<i>Stephanie Thorne</i>) 2113 Delaware St, Lawrence, KS 66046 | (785) 865-5520 (785) 979-1922 stephaniethorne@clokan.org |
| Cottonwood, Inc. (<i>Janet Fouche-Schack</i>) 2801 W. 31 st St, Lawrence, KS 66047 | (785) 842-0550 jfoucheschack@cwood.org |
| Equi-Venture Farms, LLC (<i>Ben Swinnen</i>) PO Box 210 Auburn, KS 66402 | (785) 478-4148 ben@equiventurefarmsllc.com |
| Loving Hearts Training Center, Inc. (<i>Jesse Cox</i>) 4300 SW Drury Lane, Topeka, KS 66604 | (785) 783-7200 happyhearts@lhtrc.kscoxmail.com |
| McSha, Inc (<i>Usman Hong</i>)  2904 Crestline Dr., Lawrence, KS 66047 | (785) 551-7362 |
| Mosaic (<i>Mark Gonzalez</i>) 8047 Parallel Parkway, Kansas City, KS 66112 | (913) 788-8400 mark.gonzalez@mosaicinfo.org |
| TARC (<i>Eileen Doran</i>) 2701 SW Randolph, Topeka, KS 66611 | (785) 232-0597 ext. 352 edoran@tarcinc.org |
| TARC - Self Determination (<i>Delores Cummings</i>)  2701 SW Randolph, Topeka, KS 66611 | (785) 232-0597 ext. 315 dkcummings@tarcinc.org |
| The Bittersweet Homestead (<i>Loretta Hiatt</i>) 3181 Chautauqua Road, Holton, KS 66436 | (785) 872-3719 lorettajhiatt@gmail.com |
| WCRF (<i>Bob & Martha Banning</i>)  1033 College Blvd., Lawrence, KS 66049 | (785) 843-2233 mdblks33@gmail.com |

RESIDENTIAL PROVIDERS FOR CHILDREN

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|---|---|
| Calm (<i>Amy Harmon</i>) 9 W. 5 th , Emporia, KS 66801 | (620) 208-6144 amyh.calm@gmail.com |
| Community Living Opportunities (<i>Stephanie Thorne</i>) 2113 Delaware St, Lawrence, KS 66046 | (785) 865-5520 (785) 979-1922 stephaniethorne@clokan.org |
| Kaw Valley Center (<i>Amy Cunningham</i>) 21350 W. 153rd St, Olathe, KS 66061 | (913) 322-4900 acunningham@kvc.org |
| TFI Family Services (<i>Jennifer Sannan</i>) 217 E. 4 th Street, Topeka, KS 66603 | (785) 272-3637 (877) 921-4114 admission@admissionsolutions.org |
| TARC (<i>Cathie Huckins</i>) 2701 SW Randolph, Topeka, KS 66611 | (785) 506-8631 chuckins@tarcinc.org |

RESIDENTIAL PROVIDERS FOR ADULTS

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| Accenture Services, L.L.C. (Tammi Weems)   14133 70th Street, Oskaloosa Ks 66066 | (785) 840-8461 tamraweems@yahoo.com |
| Autism Enhancement (*L.L.) (Judy Talbot)   14808 South Alden, Olathe, KS 66062 | (913) 706-6404 Judyllynne2@outlook.com |
| Bethesda Lutheran Communities (Tasha Foster) 14150 W. 113 th St., Shawnee Mission, KS 66215 | (913) 906-5000 tasha.foster@mailblc.org |
| Bridge Builders L.L.C. (Denise Stahl)   3101 Rimrock., Lawrence, KS 66047 | (785) 550-5882 denise.jensen.stahl@gmail.com |
| Bridge Point Community Supports (Michael Tubbs) 3242 Huntington Rd., Lawrence, KS 66049 | (785) 856-2081 bridgepointcs.kan@gmail.com |
| Carpe Diem Community Living (Erick Ogwangi) 3200 Haskell Lane Suite 160, Lawrence, KS 66046 | (316) 587-5232 erickogwangi@gmail.com |
| Community Living Opportunities (Stephanie Thorne) 2113 Delaware St, Lawrence, KS 66046 | (785) 865-5520 (785) 979-1922 stephaniethorne@clokan.org |
| Cottonwood, Inc. (Janet Fouche-Schack)  2801 W. 31 st St, Lawrence, KS 66047 | (785) 842-0550 jfoucheschack@cwood.org |
| Equi-Venture Farms, LLC (Ben Swinnen) PO Box 210 Auburn, KS 66402 | (785) 478-4148 ben@equiventurefarmsllc.com |
| McSha, Inc. (Usman Hong) P.O. Box 3123, Lawrence, KS 66046   | (785) 551-7362 |
| Mosaic (Mark Gonzalez) 8047 Parallel Parkway, Kansas City, KS 66112 | (913) 788-8400 mark.gonzalez@mosaicinfo.org |
| Residential Alternatives (Judy Condra)   2204 Crossgate Drive, Lawrence, KS 66044 | (785) 766-8634 jconresalt@sbcglobal.net |
| Residential Connections, LLC (Trisha Flummerfelt)  957 E. 1450 Rd., Lawrence, KS 66046 | (785) 393-1259 Tflumm.resconnect@yahoo.com |
| Rosewood Services (Josh Saunders) 4000 W. 6th St., Ste B # 117, Lawrence, KS 66049 | (785) 218-5206 rosewoodSSI@gmail.com |
| TARC (Self Determination) (Dolores Cummings)  2701 SW Randolph, Topeka, KS 66611 | (785) 232-0597 ext. 315 dkcummings@tarcinc.org |
| Valiant Endeavors (Mary Ann Dvorchek)   1201 North Kentucky, Iola, KS 66749 | (620) 365-1802 madvor@cox.net |
| WCRF (Bob & Martha Banning)   1033 College Blvd., Lawrence, KS 66049 | (785) 843-2233 mblks33@gmail.com |

SUPPORTED EMPLOYMENT PROVIDERS

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| Bethesda Lutheran Communities (Tasha Foster) 14150 W. 113 th St., Shawnee Mission, KS 66215 | (913) 906-5000 tasha.foster@mailblc.org |
| Community Living Opportunities Stephanie Thorne 2113 Delaware St, Lawrence, KS 66046 | (785) 979-1922 (785) 865-5520 stephaniethorne@clokan.org |
| Cottonwood, Inc. (JobLink) Janet Fouche-Schack 2801 W. 31 st St, Lawrence, KS 66047 | (785) 842-0550 jfoucheschack@cwood.org |


PERSONAL CARE SERVICES (Self-Directed FMS)

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| Another Day, Inc. (<i>Lorraine Dold</i>) 11802 W. 77 th Street, Lenexa, KS 66214 | (913) 599-2221 Office@anotherday.info |
| Helpers, Inc. (<i>Stacy Jones</i>) 15540 Pflumm Rd., Olathe, KS 66062 | (913) 322-7212 stacy.jones@Helpersinc.org |
| Independence, Inc. (<i>Joyce Ward</i>) 2001 Haskell, Lawrence, KS 66046 | (785) 841-0333 jward@independenceinc.org |
| Life Patterns, Inc. (<i>Jon Gerdel</i>) 3300 SW 29th Street Suite 100, Topeka, KS 66614 | (785) 273-7189 jon@lifepatternsks.org |
| Payroll Plus of Kansas, Inc. (<i>Eva Martins</i>) P.O. Box 418, 101 W. Mexitili, Montezuma, KS 67867 | (888) 527-2658 payrollplus5@ucom.net |
| Resource Center for Independent Living P.O.Box 257, 1137 Laing, Osage City, KS 66523 | (785) 528-3106 (800) 580-7245 |
| Topeka Indep. Living Resource Center (<i>Ami Hyten</i>) 501 SW Jackson, Suite 100, Topeka, KS 66603 | (800) 443-2207 ahyten@tilrc.org |

PERSONAL CARE SERVICES (Agency-Directed SHC)

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| Trinity In-Home Care (<i>Caitlin Schmidt</i>) 2201 W. 25 th St., Suite Q, Lawrence, KS 66047 | (785) 842-3159 Caitlin@tihc.org |
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WELLNESS MONITORING

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|---|---|
| Bethesda Lutheran Communities (<i>Tasha Foster</i>) 14150 W. 113 th St., Shawnee Mission, KS 66215 | (913) 906-5000 tasha.foster@mailblc.org |
| Community Living Opportunities (<i>Stephanie Thorne</i>) 2113 Delaware St, Lawrence, KS 66046 | (785) 865-5520 (785) 979-1922 stephaniethorne@clokan.org |
| Cottonwood, Inc. (<i>Janet Fouche-Schack</i>)  2801 W. 31 st St, Lawrence, KS 66047 | (785) 842-0550 jfoucheschack@cwood.org |

SPECIALIZED MEDICAL CARE PROVIDERS

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|---|--|
| Carestaf, Inc. (<i>Mary Fernau</i>) 8001 College Blvd. Suite 250, Overland Park, KS 66210 | (913) 498-2888 dbrown@carestaf.com |
| Craig Home Care 506 SW 10 th St., Topeka, KS 66612-1606 | (785) 232-8221 sandrag@craighomecare.com |
| Integrity Home Care, Inc. (<i>Steve Harris</i>) 8826 Santa Fe Drive #209, Overland Park, KS 66212 | (913) 685-1616 steve.harris@integrityhc.com |

MEDICAL ALERT RENTAL

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|--|--|
| MedScope America Corporation (<i>Intake Department</i>) 112 SW 7 th St., Suite 3C, Topeka, KS 66603 | (800) 645-2060 referrals@medscope.org |
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What is Case Management / Person-Centered Plan?

Case management services are those that assist the individual in gaining access to medical, social, educational, and other needed services. Targeted case management includes any or all of the following services:

- Helps you set and reach desired goals.
- Helps keep your services working (together and separately.)
- Advocates for the people they serve. (i.e. they support your interests.)
- Every eligible person can receive service coordination if he/she chooses.
- Case management for eligible persons is funded through state and federal funds at no out of pocket cost to the consumer.

Transition and Portability-Including the planning of and arranging for services to follow the person when the person:

- Moves from school to the adult world;
- Moves from an institution to community alternatives;
- Moves from one kind of service setting to another;
- Moves from one provider to another provider;
- Moves from one service area to another service area

Development of a specific support care plan that is based on the information collected through the assessment, specifying the goals and actions to address the medical, social, educational, and other service needs of the individual. The PCSP includes activities such as ensuring the active participation of the eligible individual, and working with the individual (or legal representative) and others to develop such goals, and identify a course of action to respond to the assessed needs of the eligible individual.

- It helps to help an individual obtain needed services including,
- The plan is written down / developed by the individual and their support network.
- Contains a well thought out strategy of support for a person to help them live their life.
- And it is approved in writing by the person and/or their guardian.

Who will help make and support the plan?

You as well as your family, guardians, friends, case manager, support staff, experts, co-workers. etc...This is a plan that is developed in collaboration with many different people. Every effort should be made to see that it reflects what you want your life to be. This is a shared responsibility.

What is included in a description of my life?

What type of setting you want to live in. With whom you want to live. What work or other valued activity you want to do. With whom you want to socialize. In what social, leisure, religious, or other activities you want to participate. Everything in this outline should be addressed in the plan. If you can not get everything you need, then the next best options should be identified.

What if I am not quite equipped to achieve my goals in life?

Your plan should include a list and description of things necessary to assist you to achieve your preferred lifestyle, such as: training, equipment, services, and natural supports (family, friends, and community resources)

Choosing or Changing Service Providers

If you are choosing a provider for the first time or interested in changing any providers you can do so at any time. In order to begin this process contact the Cottonwood CDDO at **(785) 840-1632**.

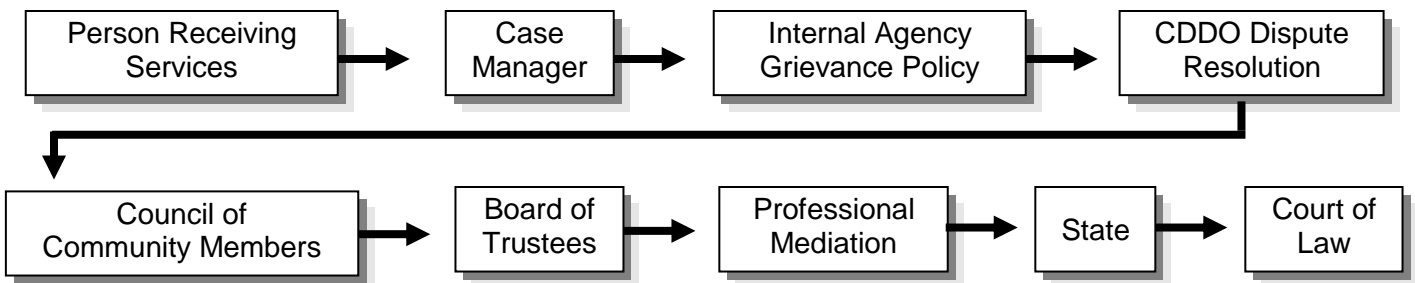
The CDDO will be able to provide you with information on how to select the appropriate service provider as well as the availability status of all service providers in the Douglas/Jefferson County area. The most up-to-date list of Service providers is always available on our website at: www.cddo.cwood.org/services

Continuity & Portability:

If you move from one community in Kansas to another, your funding goes with you. Once you have started receiving services, you will continue to receive services as long as you still live in Kansas, you remain eligible for services, and the funding is available.

Dispute Resolution Process

You may contact the CDDO any time you have a concern about your services or follow the process outlined below.



Abuse, Neglect, or Exploitation

Report Online: <http://www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx>

If you suspect a child is being abused or neglected, please telephone the **Kansas Protection Report Center at 1-800-922-5330**. Every call is taken seriously and every effort will be made to protect your identity. Telephone lines are staffed 24 hours a day. In the event of an emergency contact your local law enforcement or call 911. For more information go to:

<http://www.dcf.ks.gov/services/PPS/Pages/ChildProtectiveServices.aspx>

To report suspected abuse, neglect or exploitation of an adult in the community, please telephone the **Kansas Protection Report Center at 1-800-922-5330**. Every call is taken seriously. Telephone lines are staffed 24 hours a day. In the event of an emergency contact your local law enforcement or call 911.

For more information go to:

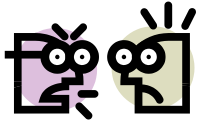
<http://www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx>

If you are a **mandatory reporter** and would like to report child or adult abuse or neglect electronically, please use the new Kansas Intake/Investigation Protection System:

<http://www.dcf.ks.gov/services/PPS/Pages/KIPS/KIPSWebIntake.aspx> When using the electronic report please make note of the first question at the top of the form indicating child or adult type.

Know your Rights: Kansans with developmental disabilities are guaranteed the same rights that non-disabled Kansans have, unless otherwise limited by provision of law or court order. The following page details some specific rights. (see further information on the next page)

Consumer Rights

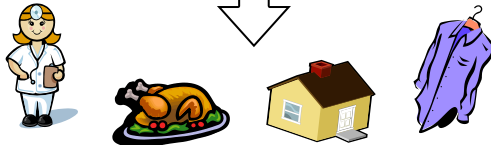


Others cannot hurt you physically or with words.

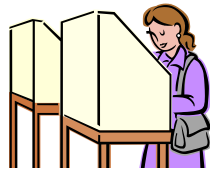
You have the right to Privacy, when you want.



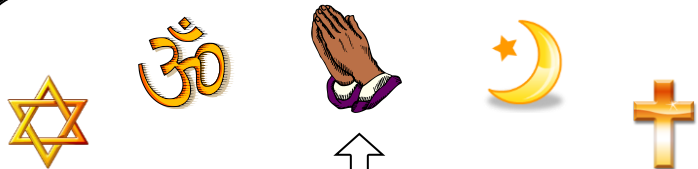
You have the right to basic needs such as food, clothing, medical care, and a home.



You can have visitors, mail, & phone calls where you live. You have the right to visit with friends and family in public and in private.



You have the right to vote.



You have the right to choose and practice your religion or faith.

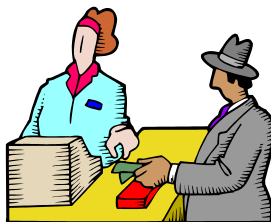
You have the right to manage your own money to the extent you are able, or you can receive help with it.



Medications that you take for behaviors are okayed by you, before you take them.

Also, work is your choice. And you must be paid for your work.

You have the right to Receive Buy & Use your own possessions.



You have the right to be treated with dignity and respect. Others should treat you fairly and the same as anyone else.



You should always be included in discussions and decisions regarding your life, including your Person-Centered Plan.

You have the right to see your records, file a complaint, or use the legal system.



Do you know about Open Enrollment as a KanCare member?

You will receive your open enrollment packet 30 days before your one-year anniversary in KanCare. If you were added to someone's existing KanCare case, you will be up for open enrollment the same time as your family's case. After you receive your open enrollment packet, you will have until 60 days past your KanCare anniversary date to make changes to your KanCare health plan.

Open enrollment means you can change your plan if you want to be covered by a different plan, or you can keep your same health plan. If you are happy with your current health plan, you do not need to do anything at all. Again, if you do not want to change health plans, you will automatically be re-enrolled in your same plan. But if you want to change your health plan, you will need to let us know by following the instructions in the packet mailed to you on the anniversary date of when you joined KanCare.

All members will have 60 days to review their open enrollment packet and decide whether or not they want to stay in their plan or change to a different plan.

Almost everyone will receive their open enrollment packet 30 days before their one-year anniversary in KanCare. If you were added to someone's existing KanCare case, you will be up for open enrollment the same time as your family's case. After you receive your open enrollment packet, you will have until 60 days past the anniversary date to make changes to your KanCare health plan.

To view an example Open Enrollment Packet for Current Member Visit this Website:

http://www.kancare.ks.gov/download/consumer_open_enrollment_packet.doc

There are 3 plans to choose from



800-600-4441, TTY: 711



877-644-4623
TTY: 888-282-6428



877-542-9238
TTY: #771

There are 3 ways to choose your plan

1. Enroll online at: <https://www.kmap-state-ks.us/hcp/member>
2. Call the Enrollment Center at 1-866-305-5147 (TDD/TTY 1-800-766-3777)
3. Mail the KanCare Enrollment Form that you receive in your packet.

Things to Know

- Make a list of your providers. These are your doctors, hospital, pharmacy, in home service providers, and any other providers you see. Check to make sure the providers you use for all services are signed up with the plan you choose.
- You **must have active eligibility** to stay enrolled with the plan each month.
- You will be able to change your plan one time each year. You will be told when you can make a change.

How Medicaid Consumers Received Notification about KanCare before January 1, 2013

Before KanCare launched in January 2013, member pre-enrollment packets were mailed to Medicaid consumers through the end of November 2012.

The Kansas Department of Health and Environment (KDHE) and the Kansas Department for Aging and Disability Services (KDADS) held educational tours across the state to meet with Medicaid consumers about their transition to KanCare. Also attending were representatives from the three health plans. Go to the following link for archived and current meeting details: <http://www.kancare.ks.gov/events.htm>

Home & Community Based Services Consumer Letters from 2012

Consumers who receive home and community based services (HCBS) got letters from the State in late December 2012. The letters explained the changes for HCBS consumers that will happen with KanCare.

Health Plan Highlights for 2017

Look at the highlighted services below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra services you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value added services.

|  1-800-600-4441 |  1-877-644-4623 |  1-877-542-9238 |
|--|---|--|
| <p>Preventive dental care for members 21 and older, including:</p> <ul style="list-style-type: none"> - Two free cleanings per year - Free scaling and polishing procedures <p>Children get dental care as part of their regular Medicaid benefits.</p> | <p>One dental visit for adults 21 and older every six months. Children receive regular benefits on most dental services.</p> <p>We provide practice visits to dentists for members with developmental disabilities and children on the autism waiver to help them become more comfortable with dental preventive care visits.</p> | <p>Any member over age 21 can visit a participating dental provider once a year for a screening and cleaning, which includes scaling and polishing teeth. Dentist will provide one x-ray per year.</p> <p>FE members may be eligible to receive dentures at no cost.</p> |
| <p>Healthy Rewards allows members to earn \$10, \$15, or \$25 in debit card credits to Walmart, Dollar General and Family Dollar to use for over-the-counter items just for doing things that are good for your health like getting:</p> <ul style="list-style-type: none"> - Maternal health checkups - Well-child checkups - Well-woman exams - Flu Shots - Diabetes screenings | <p>Healthy Rewards Program: Members can earn between \$5 - \$50 in healthy rewards or a combination of rewards on a CentAccount card for receiving healthy checkups. These rewards can be used to buy from hundreds of items like groceries, baby formula, and over the counter cough/cold medicine from participating retail stores.</p> | <p>Members can earn rewards through UnitedHealthCare's Community Rewards program, by tracking healthy activities using an online tool or smart phone. Earn points to get merchandise and reward cards.</p> |
| <p>A free SafeLink® cell phone for members who qualify, with up to 350 free minutes each month plus:</p> <ul style="list-style-type: none"> - 200 bonus lifetime minutes | <p>Free cell phone through our Connections Plus program or through SafeLink®, which provides up to 250 free minutes of service per</p> | <p>Member Advocates can help members who qualify get free SafeLink® cell phones. Members can get up to 350 free minutes of service a</p> |

| | | |
|--|---|--|
| <ul style="list-style-type: none"> - Unlimited text messages - Free calls to Amerigroup Member Services <p>Coverage may not be available in certain remote service areas.</p> | <p>month. This includes unlimited texting and free calls to and from Sunflower Health Plan. Members will be able to have telephone access to their KanCare providers.</p> | <p>month. Benefit includes:</p> <ul style="list-style-type: none"> - Free Smart Phone with unlimited nationwide text messages - Unlimited calls to Member Services - 500 MB of 3G Data per month - Sign-up for Connect4health text messaging program <p>Coverage may not be offered in certain remote service areas.</p> |
| <p>Taking Care of Baby and Me® program for pregnant women and new moms to support healthy pregnancies and healthy babies. Includes:</p> <ul style="list-style-type: none"> - Support, coaching and health resources - A self-care book - My Advocate™ program – maternal health education by phone, text messages and a smartphone app - Information on Text4Baby, Centering Pregnancy groups and more | <p>Start Smart for Your Baby® - Support, education and gifts for moms, babies, and families. The program includes the services below. There is no cost to member.</p> <ul style="list-style-type: none"> - In-home help with healthcare and social service benefits - Baby showers for pregnant members. At these events, members are given diapers, the Baby Fuel book and other gifts and health material - Birthday programs for children | <p>Pregnant members will get the “Baby Basics” book. Pregnant members can join Baby Blocks program. Get a \$20 gift card or a cool diaper bag for joining. Earn seven more rewards for staying with the program until your baby is 15 months old. Sponsored community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies. Pregnant members can get OFF brand Bug Spray to help protect against mosquitos.</p> |
| <p>Extra respite care for Autism waiver members* and Intellectual or Developmental Disability (I/DD) waiver members*. (Respite care lets your caregiver take a break.) Extra personal care services (PCS) for I/DD waiver members. 56 hours of respite care for Frail Elderly waiver members. *Excludes members living alone or residing in ICF/IDD, assisted living and nursing facilities, group homes, or similar settings.</p> | <p>Choose Health program serves members with chronic health conditions. The program helps members determine how emotions can impact their condition (i.e. stress, poor sleep, and change in appetite). As a part of the program, participants are assigned a Choose Health Coach who works with the entire health care team to ensure members have everything they need to feel their best.</p> | <p>Adult members on the PD, FE and I/DD waivers can pick one free item from catalog per year. Items are for home safety or other support. The care coordinator will assist with order. FE members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.</p> |
| <p>Members 18 and older can participate in our holistic stop-smoking program including:</p> <ul style="list-style-type: none"> - Support and coaching services - Unlimited calls to a health coach for tips and advice | <p>Members can participate in a smoking cessation program offered through Healthy Solutions for Life. (Nicotine replacement therapy is a regular benefit when prescribed by your doctor.)</p> | <p>Members can download Health4Me app on their smartphone. This app can help members manage their health. Members, or those responsible for members, can access myUHC.com online to help access health history, educate members on working with their doctor, and track doctor visits.</p> |

To change plans call: 1-866-305-5147

Para cambiar planes llame: 1-866-305-5147